

Infant Daily Schedule

6:30 – 7:30	Arrival. Greet parents and infants. Free play.
7:30 – 8:00	Breakfast.
8:00 – 8:05	Prayer.
8:05 – 9:00	Change diapers. Child initiated play.
9:00 – 9:10	Bible story
9:10 – 9:20	Practice fine motor skills.
9:10 – 9:40	Outside time when appropriate for infants or gross motor activities.
9:40 – 9:50	Look at books/story time.
9:50 – 10:00	Sensory activities.
10:00 – 10:30	Change diapers and wash hands. Child initiated play.
10:30 – 12:00	Nap time or quiet one-on-one activities as indicated by the child. Change diapers as they awaken.
12:00 – 12:30	Lunch.
12:30 – 12:40	Teachers will sing songs and finger plays.
12:40 – 1:00	Self-awareness activities.
1:00 – 1:10	Language and literacy activities.
1:10 – 2:00	Child initiated play.
2:00 – 2:30	Change diapers.
2:30 – 3:00	Snack time.
3:00 – 4:00	Nap time or quiet one-on-one activities as indicated by the child. Change diapers as they awaken.
4:00 – 5:00	Change diapers. Child initiated play.
5:00 – 6:00	Prepare for departure. Child initiated play.

This schedule will vary according to infants' individual needs. Infants will be fed according to their personal infant feeding schedules provided by the parents. Their diapers will be changed as needed, aside from being checked every two hours and upon awakening from naps. They may nap when they are tired and will not be awakened for meal times (food will be kept for them) unless otherwise requested by the parents. Infants will be able to play in bouncers and excersaucers no more than 30 minutes at a time to get them as much exercise on the floor as possible to enhance their physical development.